# CAROLINA CARES NC FACT SHEET



#### Who We Are

Carolina Cares is managed by a small group of volunteers and a large community of people who want to help their neighbors. Carolina Cares is 100% volunteer operated. We rely 100% on donations of food and clothing to stock our food pantry and clothes closet.

#### What We Do

Carolina Cares is an outreach program that works on providing and connecting the people of The Triangle with necessary resources such as **food**, **clothing**, **hygiene products**, **and information for additional services**.

## How To Get Help

**Call 919-322-0014 to schedule an appointment** to visit the food pantry and clothes closet. We are conveniently located off Capital Blvd, a short walk from the Raleigh bus line near the Greyhound bus station. Carolina Cares does not have vehicles, gas, or employees so we do not pick up or deliver donations.



## How You Can Help Carolina Cares

If you would like to give back to your local community there are many ways Carolina Cares could use your help.

To deliver donations to the center or begin volunteering at the center, call for an appointment.

#### You can:

- Donate food, clothing, toys, or school supplies
- Collect donations from your coworkers, neighbors, friends, and family
- Volunteer at the center answering calls, scheduling appointments, and assist during appointments in the food pantry and clothing closet
- Sort donations at our center
- Sponsoring a family's Thanksgiving or Christmas dinner
- Assist with in-person events

## What We Don't Do

Carolina Cares receives no funding or financial donations therefore we do not distribute money for any reason.

We are not able to assist with rent, shelter, utility payments, medical issues, childcare, transportation, medications, or hotel rooms.

## How We Help

- Online Community
- Connecting Resources
- Clothes Closet
- Food Pantry
- Back-to-School Supplies
- Easter Baskets
- Thanksgiving Meals
- Christmas Meals and Toy
  Shoppe

## How to Find Us

CarolinaCaresNC.org

Conveniently located off Capital Blvd. on the Raleigh bus line near the Greyhound bus station.

2321 Crabtree Blvd #210, Raleigh, NC 27604

(919) 322-0014

carolinacaresteam@gmail.com

Facebook Group



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## How We Help Our Local Community

## Food Pantry

The food pantry is open to anyone in need, without justification. You must call to schedule an appointment to visit the pantry. It is stocked 100% by donations, so no particular items are guaranteed. Not accepted:

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#### Accepted:

- **Refrigerated Food**  $\otimes$
- $\otimes$ Frozen Food
- ☑ Boxes ☑ Bags
- ☑ Jars

Cans

- ☑ Fresh Produce
- Fresh Bread
- ☑ Toiletries
- Personal Hygeine
- Feminine Hygeine
- $\checkmark$ **Diapers & Wipes**

#### Information on Services

The Carolina Cares NC website and Facebook group are both online portals that connect people to existing government agencies and nonprofit agencies.

## **Clothing Closet**

Carolina Cares NC operates a clothing closet that is available for local residents in need including gently used and new clothing, undergarments, winter clothing, bags, and shoes. It is stocked 100% by donations, so no particular items are guaranteed.



## Holiday Help

Carolina Cares also accept schools supplies before back-to-school season, toys at Christmas, and toys or baskets at Easter.







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