

Carolina Cares



Who We Are

Carolina Cares Inc. is a 501(c)(3) nonprofit dedicated to serving all people living in Wake County and the surrounding communities in North Carolina regardless of race, religion, background or sexual orientation. Our vision is a world where resources are shared with

those in need, waste is reduced, and all families and community members can live with independence and dignity without hunger. Carolina Cares is not affiliated with any churches or religious organizations.

Carolina Cares is managed by a small group of volunteers and a community of people who care about and want to help their neighbors. Carolina Cares is 100% volunteer operated. We rely 100% on donations for our food pantry, Christmas, Halloween, Thanksgiving, Easter, and Back-to-School events.

Carolina Cares is an outreach program that works on providing and connecting the people of The Triangle with necessary resources such as **food, clothing, hygiene products, and information for additional services**. The Carolina Cares website and Facebook group are both online portals that connect people to existing government agencies and nonprofit agencies.

How to Get Help

Carolina Cares does not have vehicles, gas, or employees so we do not pick up or deliver donations. Weekly pop-up food pantries are available in South Raleigh. See carolinacaresnc.org for more info.



How You Can Help Carolina Cares

If you would like to give back to your local community there are many ways Carolina Cares could use your help.

Visit carolinacaresnc.org to see the latest info.

You can:

- Donate food, clothing, toys, or school supplies
- Collect donations from your coworkers, neighbors, friends, and family
- Sponsoring a family's Thanksgiving or Christmas dinner
- Assist with in-person events
- Sponsoring a child or family for gifts at Christmas or baskets at Easter

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How We Help Our Local Community

Food Pantry

The food pantry is open to anyone in need, without justification. Updated hours for the pop up pantry are located on our website carolinacaresnc.org

It is stocked 100% by donations, so no particular items are guaranteed.



Accepted:

- Cans
- Boxes
- Bags
- Jars
- Fresh Produce
- Fresh Bread
- Toiletries
- Personal Hygiene
- Feminine Hygiene
- Diapers & Wipes

Not accepted:

- Refrigerated Food
- Frozen Food



Holiday Help

Carolina Cares also accept schools supplies before back-to-school season, toys at Christmas, and toys or baskets at Easter.

